

Mamattuk

SMALL PLATES

Crispy Fish Tacos

20⁹⁵

Iron Rock Beer-Battered Labrador Cod, Crushed Avocado, Lime, Cabbage, Cormack Cheese Co. Feta, Spicy Mayo, Flour Tortilla

Sticky Sesame

22⁹⁵

Cauliflower

Maple Syrup, Garlic, Ginger, Soy Sauce, Green Onion, Sesame Seeds



Shrimp Cocktail

24⁹⁵

Labrador Shrimp, Avocado, Cocktail Dressing, Lime, Parsley, Tomato, Radish. Served with Crispy Focaccia



Warm Crab Dip

21⁹⁵

Labrador Crab Meat, Sweet Onion, Sharp Cheddar, Cream Cheese, Warm Ciabatta & Baguette

Crab Spring Roll

23⁹⁵

Labrador Snow Crab, Potato, Bread Crumbs, Mozzarella and Cheddar Cheese, Shredded Carrot, Parsley, House-Made Sweet Chili Sauce. Grilled Corn on the Side

Tomato Bruschetta

19⁹⁵

House-Made Whole Wheat Blueberry Focaccia Bread, Cherry Tomato, Pesto Sauce, Parmesan Cheese, Arugula, Balsamic Glaze



Chicken Wings

22⁹⁵

Pick Your Flavour: House-Made Partridgeberry Barbeque Sauce, Chili Lime, Newfoundland Sea Salt & Pink Pepper, or Maple Bacon. Served with Vegetable Sticks and Maple Rosemary Mayo



Arctic Char Tartare

22⁹⁵

Labrador Arctic Char, Mango, Egg Yolk, Shallot, Dijon Mustard, Chive, Capers, Newfoundland Sea Salt, Lemon Juice. Served with Crispy Focaccia



DAIRY FREE



CONTAINS NUTS



GLUTEN FRIENDLY



VEGETARIAN



VEGAN

Mamattuk Poutine

18⁹⁵

Hand-Cut Triple-Cooked Fries, Cormack Cheese Co. Cheese Curds, Gravy, Spicy Mayo



Labrador Scallops

24⁹⁵

Butternut Squash Purée, Cranberry Sauce, Maple Bacon Jam, Mixed Greens



Pinsent's Arm Whelk

23⁹⁵

Labrador Whelk, Garlic, Lactose Free Butter, Grilled Lemon. Served with House-Made Brown Bread and Whipped Butter

Pan Fried Turbot

21⁹⁵

Labrador Turbot (3), House-Made Concasse Tomato, Grilled Baby Potato, Lemon Wedge



Crispy Calamari

20⁹⁵

Tempura Batter, Lime, House Tarter Sauce



Ribs Croquette

19⁹⁵

Beef Ribs, Mashed Potato, Panko, Whipped Cream Cheese Sauce

SUSHI

Labrador Sushi Roll

25⁹⁵

Labrador Snow Crab, Labrador Arctic Char, Avocado, Sushi Rice, Cream Cheese, Nori



Pan Fried Sushi

25⁹⁵

Wild Labrador Shrimp, Sushi Rice, Cucumber, Bread Crumb Nori, Spicy Mayo, Cheddar Cheese, Sesame Seeds

Spicy Shrimp Sushi Roll

25⁹⁵

Wild Labrador Shrimp, Sushi Rice, Cucumber, Nori, Spicy Mayo, Sesame Seeds



Vegetable Sushi Roll

22⁹⁵

Cucumber, Carrot, Sweet Golden Beetroot, Avocado, Sushi Rice, Nori



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VEGETARIAN



VEGAN

SOUPS + SALADS

ADD SMOKED LABRADOR ARCTIC CHAR, CHICKEN OR SCALLOPS FOR \$6.95

South Coast Chowder 20⁹⁵

Labrador Cod, Shrimp & Arctic Char, Mussels, Clams, Potato, Carrot, Celery, Sweet Onion, Fresh Herbs, Cream, Garlic Ciabatta

Mamattuk Caesar 19⁹⁵

Salad
Romaine, Bacon Lardons, Old Bay Croutons, Shaved Parmesan, House Caesar Dressing

Beet + Goat Cheese 18⁹⁵

Salad

Local Yellow and Red Beets, Goat Cheese, Arugula, Baby Spinach, Strawberries, Sunflower Seeds, Labrador Blueberry Dressing



Feature Soup 12⁹⁵

With Garlic Ciabatta

MAINS

GLUTEN-FRIENDLY BREAD AVAILABLE

UPGRADE FRIES TO SIDE OF MAMATTUK POUTINE FOR \$6.95

Slow Cooked Beef 35⁹⁵

Cheek + Pasta
Pesto Fettuccine Pasta, Beef Cheek, Grilled Cherry Tomato, Carrot Purée, Thyme Jus

Seafood Linguine 27⁹⁵

Labrador Shrimp & Scallops, Calamari, Basil Tomato Sauce, Fresh Herbs, Parmesan Cheese, Grilled Ciabatta

Grilled Flank Steak 39⁹⁵

Beef Flank, Local Dop Potato, Mashed Butternut Squash and Carrot, Wild Blueberry Sauce



Chicken Pot Pie 27⁹⁵

Chicken Breast & Thigh, Carrot, Celery, Potato, Onion, Mushroom, Fine Herbs, Cream Sauce, Tender Puff Pastry, Petite Herb Salad



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VEGETARIAN



VEGAN

Chicken Rice Bowl 27⁹⁵

Grilled Chicken Breast, Broccoli, Cauliflower, Sushi Rice, Pickled Carrot & Cucumber, Maple Ginger Soy Sauce



Vegan Vol au Vent 21⁹⁵

Puff Pastry Trio, Vegetable Ratatouille, Sautéed Mushroom, Caramelized Onion, Mixed Greens, Pumpkin Seeds



12 oz Striploin Steak 39⁹⁵

Local Savoury Herbed Butter, Sautéed Zucchini, Broccoli, Cauliflower, Heirloom Carrot, Green Peppercorn Sauce



Labrador Seafood 28⁹⁵

Gnocchi
House-Made Potato Gnocchi, Labrador Shrimp & Scallops, Mushroom, Baby Spinach, Cherry Tomato, Cream, Parmesan Cheese, Grilled Ciabatta

Braised Beef Short Rib 36⁹⁵

Mashed Potato, Roasted Carrot, Mushroom, Jus



Grilled Pork Chop 24⁹⁵

Potato Colcannon, Green Peas, Onion Gravy



Labrador Fish + Chips 27⁹⁵

2 pieces of Iron Rock Ale-battered Cod, Hand-Cut Triple-Cooked Fries, Lime, Cabbage, Tartar Sauce, Lemon
1 piece for \$23.95



Steak Sandwich 28⁹⁵

Warm Ciabatta Bread, Coleslaw, Tomato, Cucumber, Sliced Striploin Steak, Blue Cheese Sauce. Served with Hand-Cut Triple-Cooked Fries

House-Made Veggie Burger 24⁹⁵

Chickpea Patty, Cheddar Cheese, Avocado, Pickled Onion, Tomato, Romaine, Pickle, Black Pepper Mayo, Brioche Bun, Hand-Cut Triple-Cooked Fries. GF Available, Vegan Option Available



Mamattuk Smash 26⁹⁵

Smashed 8 oz House-Made Beef Patty, Bacon, Cheddar Cheese, Pickled Onion, Tomato, Romaine, Pepper Mayo, Pickle, Brioche Bun; Choice of Hand-Cut Triple-Cooked Fries, Caesar Salad or Chowder. GF Available



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GLUTEN FRIENDLY



VEGETARIAN



VEGAN

Pan Fried Cod

26⁹⁵

Labrador Cod, Fricassée
Vegetables, Seasonal Salad
with Partridgeberry Vinaigrette



Florentine Chicken Ballentine

28⁹⁵

Boneless Chicken Roulade, Spinach,
Apricot, Panko Bread,
Partridgeberries, Caramelized Onion,
Herbs, Barley, Green Peas, Parmesan
Cheese, Mushroom Sauce

Truffle Mac + Cheese

18⁹⁵

Macaroni, Truffled Mornay
Sauce, Mushroom, Green
Onion, Herbed Breadcrumbs



DESSERT

Tiramisu

15⁹⁵

Homemade Lady Fingers,
Mascarpone Cream, Coffee,
Cocoa, Macerated Blueberries



Bakeapple Cheesecake

15⁹⁵

New York Style Cheesecake with
Bakeapple Top Layer, Honey
Crumble, Partridgeberry Sauce



Chocolate Opera Cake

15⁹⁵

Dark Chocolate, Lactose Free
Cream, Eggs, Coconut Milk,
Coffee



Traditional Churros

15⁹⁵

Homemade Cinnamon Churros,
Chocolate Mousse, Dulce de Leche,
Marinated Thyme Strawberries



Matcha Crème Brûlée

15⁹⁵

Matcha, Egg Yolk, Cream,
Burnt Sugar



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VEGETARIAN



VEGAN