

Mamattuk

SMALL PLATES

Crispy Fish Tacos 22⁹⁵

Iron Rock Beer-Battered Labrador Cod, Crushed Avocado,
Lime, Cabbage, Cormack Cheese Co. Feta,
Spicy Mayo, Flour Tortilla

Warm Crab Dip 23⁹⁵

Labrador Crab Meat, Sweet Onion, Sharp Cheddar,
Cream Cheese, Warm Ciabatta

Chicken Wings 23⁹⁵

Pick Your Flavour: Newfoundland Sea Salt & Pink Pepper,
Maple Sriracha or Partridgeberry BBQ.
Served with House-Made Ranch Sauce

Mamattuk Poutine 19⁹⁵

Hand-Cut Triple-Cooked Fries, Cormack Cheese Co. Cheese Curds,
Gravy, Spicy Mayo

Sticky Sesame Cauliflower 22⁹⁵

Maple Syrup, Garlic, Ginger, Soy Sauce,
Green Onion, Sesame Seeds

Grilled Tomato Bruschetta 23⁹⁵

House-Made Rosemary Focaccia Bread, Cherry Tomato, Pesto Sauce,
Parmesan Cheese, Mixed Greens, Balsamic Glaze

Maple + Bacon Scallops 26⁹⁵

Labrador Scallop, Partridgeberry Turnip Purée, Labrador Honey,
Maple Bacon, Pickled Yellow Beetroot, Mixed Greens

Labrador Sea Maki 25⁹⁵

Labrador Snow Crab & Shrimp, Asparagus, Nori,
Japanese Mayo, Sushi Rice



SOUP & SALAD

Feature Soup 13⁹⁵
Served with Garlic Ciabatta

South Coast Chowder 21⁹⁵
Labrador Cod, Shrimp & Arctic Char, Mussels, Clams, Potato, Carrot, Celery,
Sweet Onion, Fresh Herbs, Cream. Served with Garlic Ciabatta

Mamattuk Caesar Salad 20⁹⁵
Romaine, Bacon Lardons, Croutons, Shaved Parmesan, House-Made Caesar Dressing.
Add smoked Labrador Arctic Char, Chicken, or Scallops for 6.95

MAINS

GLUTEN-FRIENDLY BREAD AVAILABLE • UPGRADE FRIES TO POUTINE FOR 6.95

Steak + Potato Dauphinoise 42⁹⁵ 
Grilled 12 oz Striploin, Sautéed Asparagus, Potato Dauphinoise,
Creamy Mushroom Truffle Sauce

Braised Beef Short Rib 40⁹⁵ 
Mashed Potato, Sautéed Carrot, Mushroom, Jus

Chicken Pot Pie 32⁹⁵
Chicken Breast & Thigh, Carrot, Celery, Potato, Onion, Mushroom,
Fine Herbs, Cream Sauce, Tender Puff Pastry, Mixed Greens

Labrador Fish + Chips 29⁹⁵ 
2 Pieces of Iron Rock Ale-Battered Cod, Hand-Cut Triple-Cooked Fries,
Lime Cabbage, Tartar Sauce, Lemon. 1 Piece for 24.95

Glazed Salmon + Asparagus 40⁹⁵ 
Land Raised Atlantic Salmon, Sautéed Asparagus, Roasted Potatoes,
Soy & Maple Glaze, Lactose-Free Hollandaise Sauce



GLUTEN-FRIENDLY



DAIRY-FREE



VEGETARIAN



ENTIRE MENU IS NUT-FREE



MAINS

GLUTEN-FRIENDLY BREAD AVAILABLE • UPGRADE FRIES TO POUTINE FOR 6.95

Rigatoni Rosa 32⁹⁵

House-Made Tomato Sauce, Cream, Parmesan, Mushrooms. Served with Garlic Ciabatta.
Choose: Chicken 30.95 or Labrador Scallop & Shrimp 32.95

Chicken Rice Bowl 29⁹⁵

Chicken Breast, Rice, Ginger Soy Sauce, Pickled Carrot & Cucumber,
Broccolini, Edamame, Sesame Seeds

House-Made Veggie Burger 23⁹⁵

Chickpea Patty, Cheddar Cheese, Avocado, Pickled Onion, Tomato, Romaine,
Pickle, Black Pepper Mayo, Brioche Bun, Hand-Cut Triple-Cooked Fries.
Gluten-Friendly and Vegan Options Available

Mamattuk Smash Burger 28⁹⁵

Smashed 8 oz House-Made Beef Patty, Bacon, Cheddar Cheese, Pickled Onion,
Tomato, Romaine, Black Pepper Mayo, Pickle, Brioche Bun.
Choice of Hand-Cut Triple-Cooked Fries, Caesar Salad, or Chowder.
Gluten-Friendly Option Available

Local Roasted Cod 32⁹⁵

Labrador Fisherman's Union Shrimp Company Cod, Sautéed Carrot,
Asparagus, Fennel, Lactose-Free Beurre Blanc

Pan-Fried Arctic Char 32⁹⁵

Labrador Arctic Char, Root Vegetable Fricassée, Mesclun Salad,
Maple Mustard Dressing

Glazed Duck Leg 35⁹⁵

Slow-Cooked Québec Duck Leg, Roasted Cauliflower & Carrots, Partridgeberry Purée,
Herbed Breadcrumbs, Blueberry Glaze. Gluten-Friendly Option Available

Truffle Mac + Cheese 23⁹⁵

Macaroni, Truffle Mornay Sauce, Mushroom, Green Onion,
Herbed Breadcrumbs



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VEGETARIAN



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Mamattuk

KIDS MENU

Truffle Mac + Cheese

13⁹⁵

Macaroni, Truffle Mornay Sauce,
Mushroom, Herbed Breadcrumbs



Kids Smash Burger

13⁹⁵

4 oz Beef Patty, Tomato, Lettuce, Ketchup,
Hand-Cut Triple-Cooked Fries



Salmon Wrap

13⁹⁵

Land-Raised Atlantic Salmon, Cream Cheese,
Mixed Greens, Tortilla Wrap, Caesar Dressing,
Mashed Potato



VEGETARIAN



DAIRY FREE

